



HELPING HAND
FOR RELIEF AND DEVELOPMENT

Comprehensive Physical Rehabilitation Program

Wheelchair Distribution

CASE FOR SUPPORT



Together
WE ARE

**SERVING.
HEALING.
EMPOWERING.**



Freedom

Once a lively 35 year old man from Nepal, Uttam Bahadur's life was interrupted when health issues left him unable to walk, confining him to his home and making him dependent on his family. The loss of mobility weighed heavily on him, robbing him of his independence and dignity. There was no money for a simple wheelchair until Helping Hand arrived. With this inexpensive gift, he was able to resume visits to the masjid, rekindle friendships, and actively join village discussions.

"This is my freedom,"

Uttam said, overwhelmed with gratitude.

For people with disabilities who live below the poverty line, the inability to move freely can prove an insurmountable barrier to escaping the cycle of poverty and hunger. A wheelchair is more than just a mobility device - it's a gateway to exercising fundamental human rights and inclusion in society.

This crucial assistive technology costs only \$250. For the cost of mid-range hotel stay, vulnerable people like Uttam Bahadur can return to a functional life for years. Your generous contribution allows access to education, healthcare, employment and participation in community life.



Independence, Mobility & Dignity

HHRD's Wheelchair Distribution Program provides wheelchairs and mobility aids to people living with disabilities in poverty across 18 countries. These wheelchairs restore independence, mobility and dignity, allowing recipients to fully integrate into their communities once again.

HHRD works in these countries:

- | | |
|---------------|---------------|
| ▪ Pakistan | ▪ Indonesia |
| ▪ Afghanistan | ▪ Laos |
| ▪ Nepal | ▪ Malaysia |
| ▪ Bangladesh | ▪ Philippines |
| ▪ Jordan | ▪ Thailand |
| ▪ Lebanon | ▪ Kenya |
| ▪ Turkiye | ▪ Somalia |
| ▪ Morocco | ▪ Uganda |
| ▪ Cambodia | ▪ Tanzania |



Electric and Manual Wheelchairs

Many of the wheelchairs donated are manual, but in special circumstances, HHRD delivers electric wheelchairs. When the beneficiary or their extended family needs additional assistance getting around, an electric wheelchair provides mobility without the demand for physical strength.

HHRD prioritizes the poorest individuals, survivors of natural disasters or war, children with disabilities and refugees. We work with local partners to facilitate community integration and rights awareness along with the wheelchair provisions.

Support Us

By supporting this program, you can quite literally open up a world of possibility and new opportunities to those who have faced a lifetime of exclusion. Your contribution will restore hope and unlock human potential that would otherwise remain trapped and stagnant. In doing so, you'll be upholding the fundamental principles of human rights, equality and inclusion for some of the world's most vulnerable populations.



Thank you



HELPING HAND
FOR RELIEF AND DEVELOPMENT

hhrd.org