



**HELPING HAND**  
FOR RELIEF AND DEVELOPMENT

# Healthcare and Nutrition Program

HALF YEARLY REPORT 2025



*Together*  
WE ARE

**SERVING.  
HEALING.  
EMPOWERING.**



# Table of Contents

Executive Summary.....	3
2025 Half Year Progress.....	3
Prevention of Blindness (POB).....	4
Emergency Medicine.....	6
Emergency Medicine in Gaza .....	6
Free Medical Camps in Azad Jammu & Kashmir.....	7
Heatwave in Pakistan.....	7
Ambulances.....	8
Pakistan.....	8
Bangladesh.....	8
Mobile Medical Solutions.....	9
Pakistan.....	9
Afghanistan.....	9
Bangladesh.....	10
Mobile Dental Clinic.....	10
Kenya.....	11
Integrated Health Clinics.....	12
Pakistan.....	12
Northern Syria .....	12
Morocco .....	13
Basic Health Unit Kenya .....	13
Ultrasound Machine.....	14
Why Ultrasound Machines Matter .....	14
Pakistan.....	15
Mother/Child Healthcare Center.....	15
Neonatal Intensive Care Unit.....	16
Maternal & Child Health Karachi.....	16
Health & Hygiene Campaigns .....	16
Bangladesh.....	17
Rohingya Refugees.....	18
Health Camps.....	18
Diagnostic Centers.....	18
Mental Health and Psychosocial Support (MHPSS).....	18
Skin Care Services.....	19
Success Story.....	19
Local Bangladeshi Population .....	20
Success Story.....	20
Abdul Karim Sarker Community Center .....	20
Nepal.....	21
Free Medical Camps.....	21
Maternal Health (UV Prolapse) .....	21
Middle East and North Africa.....	22
Jordan.....	22
Success Story.....	22
Afghanistan.....	23
Success Story.....	23
Africa.....	24

# Executive Summary

The Healthcare and Nutrition Program (HANP) achieved significant impact during the first half of 2025, serving 621,970 beneficiaries. Notable achievements include 9,414 cataract surgeries conducted across 17 countries. In Gaza, HANP successfully delivered critical emergency medications to hospitals despite incredible risks. HANP's work with Rohingya refugees in Bangladesh served dual populations through health camps, diagnostic centers, mental health support, and a mobile dental clinic.

Maternal and child health interventions, including neonatal intensive care and traditional birth attendant training, supported vulnerable mothers and newborns across multiple countries. Ambulance services, ultrasound machines and integrated health clinics demonstrate HANP's commitment to building sustainable healthcare access for the world's most marginalized communities.

## 2025 Half Year Progress

Country	Department	Actual Beneficiaries
Pakistan	Maternal and Child Health	5,586
	Antenatal Outreach Karachi	1,863
	Integrated Health Clinic	64,878
	Emergency Relief	1,190
	Mobile Medical Unit	27,901
	Ambulance	350
	Ambulance Services for Children with Disabilities	17,168
	Neonatal Intensive Care Unit	1,445
	Ultrasound Machine	7,251
	Dialysis Machine Sessions	94
Nepal	General Healthcare	1,969
	Maternal Health/ UV Prolapse	20
Afghanistan	Mobile health clinic	13,263
	Lab tests	2,351
Middle East and North Africa	Jordan – Minor & Elective Surgeries	9
	Morocco – Village Clinic	3,400
	Gaza – Provision of Medicine	9,000
	Lebanon - Ultrasound	92
Bangladesh	Rohingya Refugees	89,270
	Local Bangladesh Community	16,005
	AKSCC	8,776
Kenya	Basic Health Unit	2,820
	Mobile Medical Unit	4,409
<b>Total</b>		<b>279,110</b>

# Prevention of Blindness (POB)



According to a report by the World Health Organization, there are currently 39 million people who are blind. HHRD provides accessible, cataract screening and surgery to beneficiaries in countries around the world to address the leading cause of blindness.

Country	Surgeries	Screenings
Pakistan	2,941	15,878
Nepal	180	
Bangladesh (Rohingya)	1,934	5,693
Bangladesh (Local)	1,049	1,150
Sri Lanka	328	
Cambodia	100	
Jordan	101	200
DRC	50	83
Tanzania	335	450
Uganda	225	385
South Africa	350	612
Mali	200	248
Togo	100	150
Somalia	180	420
Somaliland	161	230
Ethiopia	260	300
Kenya	Local residents	390
	Ethiopian refugees	386
	South Sudan refugees	288
	Congolese refugees	200
	Somali refugees	125
<b>Total</b>	<b>9,414</b>	<b>27,188</b>

**Cataract (KAT-uh-rakt):** The clouding of the eye's lens which reduces vision. Symptoms can include halos surrounding lights, faded colors, fuzzy or double vision, problems with bright lights, and difficulty seeing at night. Driving, reading, or recognizing faces may become difficult as a result.

## Success Story



Maryam Ismael, from Baringo County, Kenya experienced vision problems due to diabetes after having two children. Last year, she sought treatment at a medical camp and underwent cataract surgery. The surgery was successful, leading to a restoration of her sight. This year, she returned to have the other eye operated on, demonstrating the positive impact of the initial procedure and her trust in the medical team.

## Awareness campaigns



HHRD partners with local community leaders, religious institutions, and village health workers to conduct eye health awareness sessions in underserved rural and urban areas.

Prevention of Blindness is also offered in additional countries that did not report any surgeries during the first half of 2025. Countries include Turkiye, Afghanistan, Lebanon and Gambia.

# Emergency Medicine

Healthcare is needed by survivors even in the midst of a disaster.

## Emergency Medicine in Gaza



HANP donated emergency medicine to hospitals in Gaza during the ongoing war and was presented with significant challenges. The security situation, including frequent airstrikes, military incursions, and the risk of sudden evacuations, posed serious threats to the safety of project staff and beneficiaries. This made it difficult to maintain consistent operations and deliver services without interruptions.

The ongoing war also caused significant damage to Gaza's infrastructure, including roads, hospitals, and communication networks, creating logistical challenges in accessing hospitals and coordinating activities. Chronic electricity shortages and limited fuel supplies disrupted hospital operations, including the storage of temperature-sensitive medicines. HANP was forced to engage alternative power sources, such as generators, to ensure the integrity of medical supplies.

The first batch of medications was successfully delivered on March 27, 2025. The shipment was received at Al-Ahli Hospital, which has since been targeted and is now out of service. The second shipment was redirected to Al-Nasser Hospital in southern Gaza, where a large IDP population was then sheltering.

### Medicines delivered include:

- Pain management and anti-inflammatory medications including pediatric syrups, Ibuprofen, Diclofenac sodium, Acetaminophen, Piroxicam and Naproxen
- Antibiotics including Clamoxin and Zitrocin for respiratory tract infections, Cephalosporins for diverse bacterial infections, Gentamicin eye drops for ocular infections, and Ciprofloxacin and levofloxacin for more serious infections
- Multiple cold and flu combination products containing antihistamines, decongestants, and fever reducers
- Anti-diarrheal medications and antiprotozoal agents (metronidazole, tinidazole, furazolidone)
- Vitamins including Vitamin D, B-complex, and folic acid for nutritional support

## Free Medical Camps in Azad Jammu & Kashmir



In a heartfelt commitment to supporting communities affected by the May 2025 conflict along the Line of Control in Azad Jammu and Kashmir, HANP partnered with the Emergency Relief and Disaster Management Program to conduct the Border Aid Nexus Project. This initiative aimed to deliver critical healthcare services to a region grappling with the aftermath of cross-border shelling.

Held in existing medical facilities including the District Headquarters (DHQ) Hospital in Haveli, these

camps provided expert consultations and treatment for a range of acute and chronic health conditions often seen in conflict situations including worm infestations, diarrhea, urinary tract infections, gastroesophageal reflux disease (GERD), scabies, mumps and ulcers.

HHRD distributed free medication, ensuring access to essential drugs such as antibiotics, analgesics, anti-inflammatory medications, and topical treatments to promote swift recovery and alleviate suffering.

Health and Hygiene Awareness Sessions led by esteemed community figures educated attendees on critical topics such as personal hygiene practices, proper sanitation methods, safe water storage, and disease prevention strategies, with a focus on preventing diseases prevalent in conflict-affected areas.

## Heatwave in Pakistan



Due to its mountains, Pakistan is among the most vulnerable countries to climate change. Dangerous heat, flooding, glacial melt and extended monsoon seasons are all symptoms of the same global disease. HANP provides emergency cooling stations and heat awareness sessions to protect life in extreme temperatures.

# Ambulances

HHRD provides ambulances to facilitate transportation for impoverished beneficiaries and to extend emergency relief into the community.

## Pakistan



HHRD's ambulance services continued supporting emergency referrals, especially for CWDP beneficiaries and remote communities. From Jan–Jun 2025, 350 general ambulance uses were recorded (50% of the 700 annual target), and 17,168 CWDP-linked referrals were made (54.4% of 31,551 target).

Ultrasound diagnostic services at SGH North Karachi performed 7,251 tests (69.7% of 10,400

target), while dialysis services at DHQ Lakki Marwat treated 43 patients with 94 dialysis sessions completed. These services provided critical life-saving support to the underserved.

Challenges included machine maintenance delays and patient no-shows, which are being addressed through scheduling improvements and better follow-up systems.

## Bangladesh



There is a significant mobility crisis within the Rohingya refugee camps, and ambulances play a crucial role in addressing this challenge. The primary function of ambulance services is to provide emergency pre-hospital medical care, though they also serve to facilitate both emergency responses and patient transfers on behalf of the health sector.

Since 2018, HANP has been successfully managing

ambulance services within the Rohingya refugee camps. These ambulances are outfitted with necessary medical equipment that allows for immediate and effective first aid in critical cases such as traumatic injuries, cardio vascular incidents, and pregnancy.

Ambulances provide oxygen support, eyecare for patients, assistance during child birth and delivery, transport for elderly patients, care for injured individuals, and support for physically disabled patients.

# Mobile Medical Solutions

Mobile medical solutions are transforming healthcare delivery by overcoming infrastructure limitations, reaching remote populations, and providing cost-effective diagnostic and treatment services where traditional healthcare systems cannot.

## Pakistan



HANP deployed four Mobile Medical Units in Rajanpur, Mirpur Khas, Jaffarabad, and Gwadar to address the post-flood healthcare needs of remote and vulnerable communities. These units serve as mobile clinics offering general medical consultation, maternal health screening, medicines, and health awareness sessions. The Fazilpur unit achieved the highest patient turnout (74.9% of target) due to its location in a densely populated flood-affected area.

## Afghanistan



HHRD Afghanistan office has two mobile family clinics to serve beneficiaries in five provinces of Kunar, Laghman, Kabul, Parwan and Nangahar. These beneficiaries were Orphan Support Program sponsored children and their families, Skills Development Program trainees and their families and Children With Disabilities Program sponsored participants.

- Mobile medical services include:
- Timely treatment and diagnosis of disease with preventive recommendations
- Counseling, hygiene and prevention practices for a healthier society
- Regular and proactive monitoring of OSP/CWDP beneficiaries to adopt health practices that help them stay healthy and continue their education.

## Bangladesh

Bangladesh's Mobile Medical Unit provides multiple services including:

- **Preventive Care:** Health screenings
- **Primary Care:** Diagnosis (doctor visit) and treatment of common illnesses
- **Chronic Disease Management:** Support for conditions like diabetes and hypertension
- **Health Education:** Workshops on nutrition and hygiene
- **Substance Abuse Services:** Support and treatment for addiction
- **Women's Health Services:** Reproductive health care
- **Referral Services:** Connections to specialists and facilities
- **Community Outreach:** Raising awareness about health resources.
- **Support to emergency health services**

## Mobile Dental Clinic

Oral health among the Rohingya refugees is a significant concern. A recent study revealed a 100% prevalence of periodontitis among Rohingya refugees, compared to 88% in the host community. Limited oral health awareness and poor hygiene practices exacerbate the problem within the refugee population.



In response to this urgent need, HANP launched the Mobile Dental Clinic (MDC) in November 2018 to provide accessible and free oral and dental health care services to both the Rohingya refugees and the local host communities in Cox's Bazar. Operating seven days a week with eight-hour daily sessions, the MDC travels through six camps — Camp 7, Camp 8/E, Camp 9, Camp 14, Camp 15, and Camp 16— ensuring that dental care reaches even the most remote and underserved areas.

## Kenya



In 2024, HHRD launched a Mobile Medical Unit (MMU) in Kenya to provide medical camps and health services to underserved communities. The MMU is a specialized motor vehicle equipped to transport a team of healthcare professionals directly to targeted populations.

Mobile health care plays a key role in community health by improving emergency response and offering advanced, long-term care. Mobile hospitals benefit entire communities, especially remote areas where access to healthcare is limited and travel distances are long.



### Program Impact:

- **Accessibility:** Mobile medical vans bridge the gap in healthcare accessibility, reaching underserved areas and vulnerable populations. This ensures that more people receive timely care.
- **Preventive Care:** The program offers preventive services like vaccinations, health education, and regular check-ups, contributing to a healthier population overall.
- **Community Empowerment:** Mobile medical van programs empower communities to take charge of their health by providing resources, knowledge, and opportunities for self-care.

# Integrated Health Clinics

HHRD layers on resources for our beneficiaries, including healthcare and nutrition. These Integrated Health Clinics provide services for sponsored orphan families, skills development trainees, children with disabilities and shelter relief recipients.

## Pakistan



HHRD operates 13 integrated health clinics across Pakistan, providing primary care, diagnostics, nutrition support, and specialized referral services. High-performing sites included Matiyari, MZD, Dir Lower, and Chakwal. Clinics also organized 86 outreach medical camps and 107 awareness sessions to address local health challenges and build preventive behavior. Consistent medicine supply, effective HR management, and coordination with CWDP and OSP programs enhanced service utilization.

## Northern Syria



In 2023, HHRD built two villages for earthquake survivors in Northern Syria. A single clinic, located within the first village, supports the population of both. Men, women and children from either village and from surrounding communities can access free healthcare 24 hours a day. In 2025, the clinic was expanded to increase its work, and now covers examinations, clinical treatment, and medication from various medical specialties.

The front door of the HHRD village clinic.

## Morocco

Clinic was only open part of the year, but in that time, served 3,400 people.



## Basic Health Unit Kenya



Established in 2023 and licensed in 2024 in Malindi, Kilifi County, Kenya, HANP's Basic Health Unit offers affordable, reliable primary healthcare with a small pharmacy and lab for routine tests. Through an integration model with the Orphan Support Program, HANP works in coordination with the government of Kenya and other local, national, and regional hospitals to address the burden of disease and improve health systems.

### Some of the interventions offered include:

- **Outpatient Services:** Consultations for various medical issues, preventive care, and follow-up appointments.
- **Curative Treatment:** Basic medical interventions, including medication administration, minor surgeries, and wound care.
- **Laboratory Services:** Basic diagnostic tests like blood tests and urine analysis.
- **Pharmacy Services:** Dispensing of medications.
- **Maternal and Child Health:** Antenatal and postnatal care, immunization programs, and baby clinics.
- **HIV/AIDS Services:** Voluntary counseling and testing (VCT) and related support.
- **Tuberculosis (TB) Services:** Diagnostic services, treatment, and support.

# Ultrasound Machine

Ultrasound machines are so common in the United States, it is difficult to imagine not having access to that kind of technology. HANP provides strategic ultrasound machines in several countries, giving rural and refugee populations vital diagnostics and peace of mind.

## Why Ultrasound Machines Matter

HHRD provides a range of ultrasound machines from high tech multiprobe designs in North Karachi and Lebanon, to routine ultrasound machines in Bangladesh. Regardless of the design, these machines provide vital information in facilities that would otherwise lack the technology.

**Rapid Diagnosis:** They allow for quick, non-invasive visualization of internal organs, enabling immediate identification of acute conditions that demand urgent intervention.

**Precision:** The high-resolution images provide doctors with precise information about the size, shape, and condition of organs, leading to highly accurate diagnoses.

**Non-Invasive Nature:** Unlike other diagnostic methods, ultrasound is radiation-free, making it particularly safe for young patients and repeated examinations.

## Success Story

Noor Kaida, a 23-year-old female from Cox’s Bazar refugee camp in Bangladesh, visited the government health post with complaints of amenorrhea (missed period) for the past 4 months. Not only had she missed her period, but she was bleeding and experiencing abdominal pain. Concerned about the possibility of pregnancy complications, the duty doctor advised her to undergo an ultrasound. But there is no ultrasound machine available at the government health post. HHRD’s Diagnostic Lab at Camp14 is the only location offering free ultrasound services in the vicinity.

### Ultrasound Finding:



A live intra uterine pregnancy at 9 weeks and 6 days of gestation was confirmed. Fetal heart beat was strong and viability, ruling out miscarriage or critical complications. The patient was so relieved to learn about the well-being of her unborn child. Timely access to free ultrasound services not only reassured her but also allowed the healthcare provider to plan further safe ante natal care.

**“I am deeply thankful for the free ultrasound,” said Noor Kaida.**

# Pakistan



The first half of 2025 witnessed significant expansion and consolidation of HANP across Pakistan under the strategic leadership of HHRD Pakistan. Guided by the 2025 project proposal and building on the foundations laid in 2024, HANP addressed major public health needs across diverse geographies, from urban slums to flood-affected rural areas.

## The program delivered life-saving services through:

- Emergency heatwave relief
- Free medical camps in AJK
- A large-scale blindness prevention initiative
- Ambulances
- Mobile medical units,
- Integrated health clinics
- Maternal and child healthcare projects
- Neonatal intensive care,
- Health & hygiene campaigns

## Mother/Child Healthcare Center

Located in Utra Kalan, Tehsil Pai Khel, the Mother/Child Healthcare Center Mianwali provides antenatal, postnatal, immunization, and outpatient care for underserved rural populations.

Five free medical camps and eight awareness sessions were also conducted to promote maternal health, hygiene, and nutrition. The MCHC continues to serve as a trusted local hub for maternal healthcare.

## Neonatal Intensive Care Unit



The NICU at Civil Hospital Mithi, Tharparkar, has been supported by HHRD since 2015. The unit is manned round-the-clock by HHRD-supported medical technicians in coordination with hospital staff and pediatricians.

March and May of 2025 saw comparatively higher admissions due to seasonal rise in infections and premature deliveries.

The NICU's continued operation in this remote region is instrumental in reducing neonatal mortality, particularly among low-birthweight and high-risk newborns.

## Maternal & Child Health Karachi

Maternal health is a deeply personal concern that is wrapped up in significant cultural norms. To better support and comfort expecting mothers, HANP provides capacity building for Traditional Birth Attendants (TBAs). These TBAs are equipped with hygiene kits, basic delivery equipment and training, and can be a resource to the community when other birthing options aren't available.

We also provide antenatal care, nutritional support, free camps and awareness sessions.

## Health & Hygiene Campaigns



The Health & Hygiene campaign was executed across 10 districts in collaboration with the Youth Empowerment Program (YEP). These campaigns targeted youth and women, focusing on preventive health practices through workshops, seminars, and school-based sessions.

Low participation in rural sessions due to access issues and community reluctance was mitigated through youth club engagement and school coordination.

# Bangladesh

The ongoing civil conflict and political instability in Myanmar have turned the Rohingya refugee camps in Ukhiya and Teknaf — the largest in the world — into sites of escalating humanitarian crisis. In recent years, a growing influx of Rohingya refugees fleeing violence has further swollen the population of these camps, placing enormous pressure on essential services such as health care, food supply, and shelter.

Simultaneously, international aid has declined sharply. Between 2023 and 2025, major donor countries, including the United States, have significantly reduced their funding for Rohingya relief efforts. HHRD-sponsored healthcare and nutrition projects are playing a crucial role in serving a significant portion of the population within Cox's Bazar refugee camp. Our dedicated team of doctors, nurses, pharmacists, and outreach workers are tirelessly providing care under challenging conditions. Their objective is to offer essential support and medical attention to those most in need, including members of the local Bangladeshi community.

Intervention	Rohingya Refugees	Host Community	Abdul Karim Sarker Community Ctr
Integrated healthcare clinics	45,457	7,650	6,339
Diagnostics	14,113	1,328	2,387
Mental Health	3,463	242	
Circumcision & Minor Surgery	1,228	278	50
Prevention of Blindness	1,934	1,049	
Prevention & Control of Skin Diseases	3,055	1,806	
Mobile Medical Unit	6,261	2,955	
Mobile Dental Unit	10,427		
Ambulance	3,332		
<b>Total</b>	<b>89,270</b>	<b>16,005</b>	<b>8,776</b>

# Rohingya Refugees

## Health Camps

HHRD operates three health camps, in Camps 16, 14 and 7. These facilities offer more than just patient care. They provide community benefits including:

- Health education and awareness sessions
- Home visits
- Nutritional screening and counseling
- Distribution of medicine and hygiene kits
- Circumcision centers



## Diagnostic Centers

A diagnostic center is crucial, as camp residents have limited healthcare access and cannot travel easily. This problem is especially severe for women during pregnancy. HHRD opened a Diagnostic Center in Camp 14 in August 2022, providing essential services and accepting referrals from local and international organizations for critical cases.

### Services offered:

- Electrocardiogram
- Hematological Tests (CBC, Hemoglobin, TCE)
- Ultrasonography
- ICT Tests including Salmonella
- Urological Tests
- Serological Tests
- Biochemical Tests

## Mental Health and Psychosocial Support (MHPSS)

In conflict settings, the prevalence of mental health disorders is around 22%, with many experiencing distress due to displacement-related events. Initially, the MHPSS program in the Rohingya response was part of an emergency phase that included rapid needs assessments, psychological first aid (PFA), and basic community-based psychosocial support.

This support included recreational activities, structured play, sports, games, and sessions with caregivers and teachers on how to identify and support distressed individuals. Over time, these interventions have evolved into a refugee-centered, cross-sectoral MHPSS program, delivered through the child protection, education, health, and nutrition sectors.

## Skin Care Services



Overcrowded camp conditions lead to infectious skin diseases like scabies. Launched in 2024, HANP established a specialized dermatology facility within the existing Health Post Center at Camp 16, and deployed trained dermatology professionals to diagnose, treat, and manage skin conditions. We use a community-based approach, organizing awareness campaigns, support groups, and outreach programs to promote skin health and hygiene.

## Success Story



A 9-month -old male presented to the HHRD health center with an itching face. According to his mother, initially there were a few rash-like spots but no itching. Then Mom bought some medication from a local pharmacy which only made it worse. The rash started to spread and began to itch severely.

On clinical examination, HANP diagnosed a fungal infection known as Tinea Faciei, and prescribed oral Fluconazole and topical Terbinafin cream. The patient came in for follow up after 1 month with a happy face and improving symptoms.

# Local Bangladeshi Population

## Success Story



Ahmed Hossain lives in Ward No. 4, Palangkhali. He has been suffering from pain throughout his entire body for the past three years. He heard that there was an organization named HHRD and a hospital in Camp-16 that provides quality treatment. When he visited the hospital, the doctor examined him thoroughly, checked his blood pressure, and prescribed medication.

“I can say from my own experience that the services are truly beneficial. I received the medicines I needed and feel grateful

for the support provided. Thank you, Helping Hand, for everything.”

## Abdul Karim Sarker Community Center



From January to June 2025, the AKSCC actively delivered a comprehensive range of primary health care services to the local community. Core activities included general outpatient consultations, diagnosis and treatment of common illnesses, and the management of minor injuries and surgical procedures such as circumcision. The Community Clinic played a vital role in promoting maternal and child health through the provision of antenatal (ANP) and postnatal care (PNC) services.

Here, a group of school children waits to get their blood tested for type. In Bangladesh, many people may not know their blood type. Having this information on record can be lifesaving in emergencies.

# Nepal

## Free Medical Camps

Since 2018, HHRD Nepal has been successfully conducting medical camps in targeted districts, focusing on areas where access to healthcare is limited. In the first half of 2025 (January to June), HHRD Nepal organized three medical camps in:

- Golbazar Municipality of Siraha district
- Lohapatti Municipality of Mahottari district
- Malangawa municipality of Sarlahi district
- The camps took place in remote villages lacking proper healthcare infrastructure.

## Maternal Health (UV Prolapse)



Uterine prolapse is a condition that happens when the uterus (womb) slips down from its normal position and protrudes outside the vagina. In addition to being deeply embarrassing, it can cause pain, discomfort, difficulty in walking, and problems with urination or bowel movements. If left untreated, it can lead to serious health issues and affect a woman's quality of life.

Women in rural Nepal are especially vulnerable because they often do not have access to healthcare or information about this condition. It is estimated that about 600,000 women in the country have uterine prolapse. One-third of these women need urgent surgery to correct the prolapse however, the government does not provide free treatment for uterine prolapse. This makes it very difficult for poor women to get the help they need causing them to live with pain.

HHRD Nepal started a project in 2022 to raise awareness, diagnose cases early, and provide treatment to women suffering from uterine prolapse. Since the start of the project, we have successfully treated 115 women. In the first half of 2025, 32 women were diagnosed during screening programs, and 20 women received treatment.

# Middle East and North Africa

## Jordan

Jordan witnessed many migration waves in the last seven decades, including Palestinian migrants in 1948 and 1967, the return of large number of Jordanian and Palestinians from gulf countries in 1991 after the gulf war in 1990, Iraqi refugees in 2003, and Syrian refugees recently.

### In Jordan, HHRD provides:

- Prevention of Blindness
- Minor and Elective Surgeries

## Success Story



In a modest neighborhood, a young orphan named Hassan Meizer was raised by his mother under difficult financial conditions. Beyond the daily hardships, Hassan silently battled chronic gallbladder inflammation which caused severe abdominal attacks that left him unable to sleep, eat, or carry out the simplest daily tasks. With no means to afford the necessary surgery, his health rapidly declined. Then came the turning point. He learned that HHRD would cover the full cost of his surgery. Hassan underwent the operation successfully, and with time, care, and rehabilitation, he regained his health. Today, Hassan is full of ambition and purpose. He has enrolled in a vocational training center, eager to build a better future.

“I may have grown up without a father,” Hassan shares, “but I was never without hope. I will always be grateful to those who stood by me when I had nothing.”

### MENA HANP also includes:

- Turkiye – Prevention of Blindness
- Morocco - Medical camp for earthquake victims; Medical clinic for earthquake victims
- Northern Syria - Healthcare clinic in village #1
- Gaza - Medical supplies, medical equipment and medications
- Lebanon - Ultrasound Machine; Prevention of Blindness

# Afghanistan

Surviving decades of war, the people of Afghanistan have diverse healthcare needs. HANP provides these interventions in Afghanistan:

- Prevention of Blindness but none within the reporting period
- Mobile Family Clinics

## Success Story



Usman is a 12th-grade student at Babulgehad High School, located in Shangarsha Village, Kunar Province. He is an intelligent and hardworking student. Unfortunately, Usman suffers from a dislocation in his left ankle joint. Due to this condition, he cannot walk quickly and struggles on his daily walk to school. "Usman, why are you always late?" his teacher asks. "Sir, I have severe pain in my leg," Usman replies. At home, he complains to his mother, saying, "Oh mother, please take me to a doctor." But his mother responds, "Son, I don't have money right now. Inshallah, tomorrow when the HHRD Mobile Family Clinic arrives, I will take you there."

The next day, Usman came for a check-up. The doctor examined his leg and provided him with medicine for the pain and swelling. His case was then referred to an advanced orthopedic center for further treatment. Usman received treatment, including medication and ankle support tools, which gradually reduced his pain.

After a few days, Dr. Totakhil followed up on his condition and was happy to see significant improvement. Today, Usman's health has greatly improved. He is able to attend school regularly, and his daily life has become much easier.

# Africa

HHRD launched its Health Care Program after responding to the 2011 horn of Africa drought. Eastern Africa faces frequent disease outbreaks, and refugees and IDPs are at high risk due to crowded settlements and poverty. The program focuses on rural areas, where most people have limited access to health care because of resource and financial challenges.

## **HHRD offers these interventions in Africa:**

- Prevention of Blindness
- Basic Health Unit – Community based health care in Malindi, Kenya
- Mobile Medical Unit – Delivery of free medical services in communities in Kenya

*Thank you*



**HELPING HAND**  
FOR RELIEF AND DEVELOPMENT

[hhrd.org](http://hhrd.org)